



Land of Compassion Buddha

Welcomes you to

As of May 7, 2016

1. Free Dharma Teachings and Q/A by Venerable Lharampa Geshe Pema Tshering on “Three principal aspects of the path”

In ENGLISH, every Saturday 6:45 pm SUBJECT TO CHANGE
6:30 pm Light refreshments. NO class on May 28. Yes class May 14, 21.

In MANDARIN, every Sunday, 3 – 5 pm

[Please expect changes (e.g. no class) around mid-July for special events. Please check our website before then for new schedule.]

2. Free Tibetan language class by Venerable Lharampa Geshe Lobsang Dawa.

Every Sunday, until further notice 1:30 – 2:30 pm

3. Eight Mahayana Precepts on Saturdays May 14 & 21, 2016

4 AM Taking precepts (to purify negativities & accumulate merit), Other prayers. Free lunch. Ends ~ 4 pm. We keep the 8 vows for 1 day. This includes not eating past noon until sunrise the next day, with exceptions for health reasons. May 21 (May 22 in India) is Saka Dawa, when the effect of actions (good and bad) multiply many million times. Free.



Venerable Geshe Pema Tshering



Venerable Geshe Lobsang Dawa

We are a Tibetan Buddhist centre of the Gelugpa lineage. We are founded by **Venerable Khensur Rinpoche Geshe Lobsang Tsephel** in California. We aim to serve all who seek to remove the causes of suffering and learn those of happiness. We always welcome new friends.

Our spiritual teacher, **Venerable Lharampa Geshe Pema Tshering**, was born in Bhutan. At 15, he entered monastic life in India. After 18 years, in 2003, he earned the Lharampa Geshe degree (Doctorate in Buddhist Philosophy) at Gelugpa University. He also earned Honours degrees in Pramana, Perfection Sutra, Madhyamaka, Abhidharma, Vinaya, and Four Classes of Tantras. He's taught at Gaden Jangtse Monastic School, in Tibetan refugee settlements in India, and Buddhist centres in New Zealand, Taiwan, Singapore, Malaysia, and Canada. He's very happy, approachable and loves answering all questions.

Our teacher **Venerable Lharampa Geshe Lobsang Dawa** is from Tibet. At 18, he walked to India to enter monastic life. Like Geshe Pema Tshering, he holds the same Lharampa Geshe degree and Honours degrees. He's taught at Gaden Jangtse Monastic School, in Tibetan refugee settlements in India, and in Taiwan. He's also very happy :) and contented. He speaks some Mandarin. Both Geshees work at English.

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<http://compassionbuddha.ca> info@compassionbuddha.ca For all, free. Just bring yourself. No registration is taken. PLEASE CHECK SCHEDULE ONLINE before coming in case change.