



Land of Compassion Buddha

Welcomes you to

1. Free Dharma Teachings and Q/A by Venerable Lharampa Geshe Pema Tshering on Nagarjuna's "Letter to a Friend".

In ENGLISH, every Saturday, until further notice 6:45 – 8:45 pm
6:30 pm Light refreshments

In MANDARIN, every Sunday, until further notice 3 – 5 pm



Venerable Geshe Pema Tshering

2. Free Tibetan language class by Venerable Lharampa Geshe Lobsang Dawa.

Every Sunday, until further notice 1:30 – 2:30 pm

3. Eight Mahayana Precepts on Sunday, February 21, 2016

6:30 AM Taking precepts (to purify negativities & accumulate merit), Guru puja, Smoke offering (to remove obstacles), Free lunch, Light offering, Palden Lhamo 吉祥天母 (Dharma protector) puja, King Prayer. Ends ~ 4 pm. We would keep the 8 vows for 1 day. This includes not eating past noon until sunrise the next day, with exceptions for health reasons. February 22 is the Day of Miracles, when the effect of actions (good and bad) multiply 10 million times. Our 21st will be the 22nd in India. For all, just bring yourself, no need for anything else. No need to register.

We are a Tibetan Buddhist centre of the Gelugpa lineage. We are founded by **Venerable Khensur Rinpoche Geshe Lobsang Tsephel** in California. We aim to serve all who seek to remove the causes of suffering and learn those of happiness. We always welcome new friends.

Our spiritual teacher, **Venerable Lharampa Geshe Pema Tshering**, was born in Bhutan. At 15, he entered monastic life in India. After 18 years, in 2003, he earned the Lharampa Geshe degree (Doctorate in Buddhist Philosophy) at Gelugpa University. He also earned Honours degrees in Pramana, Perfection Sutra, Madhyamaka, Abhidharma, Vinaya, and Four Classes of Tantras. He's taught at Gaden Jangtse Monastic School, in Tibetan refugee settlements in India, and Buddhist centres in New Zealand, Taiwan, Singapore, Malaysia, and Canada. He's very happy, approachable and loves answering all questions.

Our teacher **Venerable Lharampa Geshe Lobsang Dawa** is from Tibet. At 18, he walked to India to enter monastic life. He earned his Lharampa Geshe degree from Gelugpa University and holds the same Honours degrees as Geshe Pema Tshering. He's taught at Gaden Jangtse Monastic School, in Tibetan refugee settlements in India, and in Taiwan. He's also very happy :) and contented. He speaks some Mandarin. Both Geshees are working hard at learning English.



Venerable Geshe Lobsang Dawa

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Please check schedule online before visiting in case we've changed the schedule. Thank you.