

## VAJRASATTVA MEDITATION

### Refugee

KON-CHOG SUM-LA KHAB-SU DRO

I go for refuge to the Triple Gem.

SEM-CHEN THAM-CHAY DAK-KI DROL

I shall liberate all sentient beings

CHANG-CHUP NAY-LA GOE-PAR GYI

and place them in the state of Enlightenment.

CHANG-CHUP SEM-NI YANG-DAK KYED

I shall purely generate Bodhicitta.

(Recite three times)

### Vajrasattva Visualization

RANG-KI CHI-WOR PAM-LAY PE-MA DANG

On the crown of my head, from a PAM comes a lotus

AH-LAY DA-WAY KYIL-KHOR-GYI TENG-DU

And on it, from an, a moon-disc mandala.

HUM-LAY DOR-JE KAR-PO TSE NGA-PA

On top of this, from a HUM comes a five-spoked white vajra,

TE-WA-LA HUM-KI TSEN-PA

The hub of which is marked with a HUM.

DE-LAY OED-TROE. DU YONG-SU GYUR-PA LAY.

From this, light rays emanate and collect back together,

DOR-JE SEM-PA KUN-DOK KAR-PO

transforming into a Vajrasattva with a white-colored body,

SHAL-CHIK CHAK-NYI-KYI DOR-JE-DANG DRIL-BU ZIN-PA.

one face and two arms, holding a vajra and bell and embracing

YUM DOR-JE NYEM-MA KAR-MO SHAL-CHIK CHAK-NYI-KYI

the motherly consort Dorje Nyemma, white, with one face and two arms,

DRI-GUK-DANG THOED-PA ZIN-PAY KHYUD-PA.

holding a cleaver and skull-cup.

NYI-KA-ANG DAR-GYI NA-ZA DANG

Both are adorned with silken scarves

RINPO-CHE'I GYEN NA-TSOK-PAY GYEN-PA.

and various jeweled ornaments.

YAB DOR-JE'I KYIL-TRUNG-KI SHUG-PA.

The father sits in the vajra position,

DE'I THUG-KAR DA-WAY TENG-DU HUM-YIK KAR-PO

and in his heart on a moon is a white syllable HUM

DE-LAY OED-ZER TROE.

from which light rays emanate

RANG-DRI YE-SHAY-PA CHEN-DRANG.

inviting forth wisdom-beings who are like himself.

**NYI-SU MED-PAR GYUR.**

They (combine and) become non-dual.

**LAR-YANG THUG-KAY HUM-LAY OED-ZER TROE.**

Once again from a HUM at his heart light rays emanate

**WANG-KI-LHA CHEN-DRANG.**

and invite forth empowering deities.

**DE-SHIN SHEG-PA THAM-CHAY-KYI**

O all Tathagatha Buddhas

**DI-LA NGOEN-PAR WANG KUR-DU-SOL.**

please confers empowerment on this one.

**SHEL SOL-WA TAB-PAY**

Having thus been requested,

**DE-NAM-KYI YE-SHAY-KYI DU-TSI GANG-WAY BUM-PA THOG-NAY.**

they hold up vases filled with the nectar of wisdom and confer the empowerment saying,

*“OM SAR-WA TA-THA GA-TA A-BHIK KE-KHA-TA SAMA-YA SHRI-YE HUM”*

**SHAY WANG-KUR KU-YE SHAY-KYI DU-TSI GANG.**

Thus initiated, (Vajrasattva's) body becomes filled with the nectar of wisdom

**MI-KYOED-PAY U-GYEN-PAR GYUR.**

and his crown is adorned by Akshobhya.

**CHOM-DEN-DAY DOR-JE SEM-PA,**

”O Bhagavan Vajrasattva, I request you to cleanse and purify myself

**DAK-DANG SEM-CHEN THAM-CHAY-KYI DIK-DRIB DANG.**

and all sentient beings of our downfalls and obstacles,

**DAM-TSIK NYAM-CHAK THAM-CHAY CHANG-SHING DAK-PAR ZAY-DU SOL.**

as well as of our degenerated and broken words of honor.”

**SHAY SOL-WA TAB-PAY. THUG-KAY HUM-KAY OED-ZER TROE.**

Having been thus requested from the HUM at his heart light rays emanate,

**SEM-CHEN THAM-CHAY-KYI DIK-DRIB CHANG.**

cleansing all sentient beings of their downfalls and obstacles,

**SANG-GYAY SAY-CHAY-LA NYE-PAY CHOD-PA PHUL.**

and making offerings to please the Buddhas and their offspring.

**DE NAM-KYI YON-TEN THAM-CHAY OED-KYI NAM-PAR DU-NAY**

All their good qualities collect back together in the form of light

**THUG-KAY HUM-LA THIM-PAY SIG-JI DANG**

which dissolves into the HUM at his heart, whereby his brilliance,

**THU-TOP PHUN-SUM TSOK-PAR GYUR.**

power and strength become quintessence of the sublime.

The 100 syllable mantra of Vajrasattva (21X)

*OM BENZA-SATTU, SAMA-YA MANU-PALA-YA*

Oh Vajrasattva, keep your pledge,

*BANZA-SATTU TENO-PA TIRCHA-DRI-DHO*

Vajrasattva reside in me,

*ME-BHA-WA, SUTO-KAYO ME-BHA-WA*

Make me firm, make me satisfied,

*SUPO-KAYO ME-BHA-WA, ANU-RAKTO ME-BHA-WA*

Fulfill me, make me compassionate,

*SARWA-SIDDHI ME-PRA-YATSA SAR-WA-KARMA SUTSA-ME*

Grant me all siddhis. Also make my mind

*TSI-TAM SHRI-YAM KURU-HUM, HA-HA, HA-HA-HOH*

Virtuous in all actions Hum Ha Ha Ha Ha Hoh

*BHAGA-WAN SARWA-TATHA-GATA*

All the Blessed Tathagatas,

*BENZA MA-ME MU-TSA, BENZI-BHAWA MAHA-SAMAYA-SATTU AH-HUM-PHAT*

(21X)

Do not abandon me, make me indivisible, Great Pledge Being.

**DAK NI MI SHAY MONG PA YI.**

**DAM TSIK LAY NI GAL SHING NYAM.**

Out of ignorance and delusion I have transgressed, my words of honor and let them degenerate.

**LA MA GON PO KYAB DZOD CHIK. TSO WO DOR JE DZIN PA TE.**

O Lama, lord master, lord of beings

**THUG DE CHEN PO'I DAK NYID CHEN. DRO WAY TSO LA DAK KYAB CHI.**

with a nature of great compassion, to you I turn for refuge.

**DOR JE SEM PAY SHAL NAY RIK KYI BU. KYOD KYI DIK DRIB DANG**

Vajrasattva replies, "O son of the family, you are cleansed and purified of all your downfalls and

**DAM TSIK NYAM CHAK THAM CHAY CHANG SHING DAK GO.**

obstacles, as well as your degenerated and broken words of honor. "

**SHAY SUNG NAY RANG LA THIM PAY RANG KI GO SUM DANG**

Then he dissolves into me and my body, speech and mind become

**DOR JE SEM PAY KU SUNG THUK YER MI CHAY PAR GYUR.**

Inseparable from the body, speech and mind of Vajrasattva.

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